

Roseville Area Schools Community Education

Aquatics - Summer 2011

Fairview Pool
1910 County Road B West

Parkview Pool
701 County Road B West

651/604.3770

Red Cross Swim Classes

5-14 years

Red Cross Levels: 1-2=Beg I, 3=Beg II, 4=Adv Beg, 5=Inter, 6=Swim

If a child is registered in the wrong class level, he/she will not be allowed to remain in the class and will be moved to the correct level only if space is available. To have the level tested prior to registration, call (651) 604-3770 for testing times and procedures.

Beginner I

Students learn to float and kick on front and back, jump into deep water, swim beginner stroke, roll over and kick on back.

Beginner II

Prerequisite: Passing of Beginner I
New skills: front crawl with rhythmic breathing, elementary backstroke, treading water and sitting dive.

Advanced Beginner A

Prerequisite: Passing of Beginner II
New skills: back crawl, breaststroke, scissors and dolphin kick.

Advanced Beginner B

Prerequisite: Passing of Adv. Beginner A
New skills: breaststroke, butterfly and sidestroke.

Intermediate

Prerequisite: Passing of Adv. Beginner B
New skills: tuck and pike surface dives, flip turns and butterfly.

Swimmer

Prerequisite: Passing of Intermediate
New skills: personal water safety skills, turns, and strong emphasis on endurance and stroke refinement.

Parkview Pool - Mornings

June 20 - June 30

9-9:45am Beg I #81-P1
9:55-10:40am Beg I #81-P2
10:50-11:35am Beg I #81-P3

July 5 - July 14

9-9:45am Beg I #81-P4
9:55-10:40am Beg I #81-P5
10:50-11:35am

July 18 - July 28

9-9:45am Beg I #81-P6
9:55-10:40am Beg I #81-P7
10:50-11:35am

August 1 - August 11

9-9:45am Beg I #81-P8
9:55-10:40am Beg I #81-P9
10:50-11:35am Beg I #81-P10

Monday - Thursday

Beg II #82-P1 Adv Beg B #84-P1
Beg II #82-P2 Adv Beg A #83-P1
Beg II #82-P3 Intermediate #85-P1

Fee \$56

Monday - Thursday

Adv Beg A #83-P2
Beg II #82-P4
Beg II #82-P5 Swim #86-P1

Fee \$49

Monday - Thursday

Adv Beg B #84-P2
Beg II #82-P6
Beg II #82-P7 Adv Beg A #83-P3

Fee \$56

Monday - Thursday

Beg II #82-P8 Intermediate #85-P2
Beg II #82-P9 Adv Beg B #84-P3
Adv Beg A #83-P4

Fee \$56

Fairview Pool - Afternoons

June 20 - June 30

1:45-2:30pm Beg I #81-F1
2:40-3:25pm Beg I #81-F2
3:35-4:20pm Beg I #81-F3

July 5 - July 14

1:45-2:30pm Beg I #81-F4
2:40-3:25pm Beg I #81-F5
3:35-4:20pm Beg I #81-F6

July 18 - July 28

2:55-3:40pm Beg I #81-F7
3:50-4:35pm Beg I #81-F8
4:45-5:30pm Beg I #81-F9

August 1 - August 11

2:55-3:40pm Beg I #81-F10
3:50-4:35pm Beg I #81-F11
4:45-5:30pm Beg I #81-F12

Monday - Thursday

Beg II #82-F1 Adv Beg A #83-F1
Beg II #82-F2 Intermediate #85-F1
Beg II #82-F3 Adv Beg B #84-F1

Fee \$56

Monday - Thursday

Beg II #82-F4 Adv Beg B #84-F2
Beg II #82-F5 Swim #86-F1
Beg II #82-F6 Adv Beg A #83-F2

Fee \$49

Monday - Thursday

Beg II #82-F7 Adv Beg A #83-F3
Beg II #82-F8 Intermediate #85-F2
Beg II #82-F9 Swim #86-F2

Fee \$56

Monday - Thursday

Beg II #82-F10 Intermediate #85-F3
Beg II #82-F11 Adv Beg A #83-F4
Beg II #82-F12 Adv Beg B #84-F3

Fee \$56

August 15 - August 25

2:55-3:40pm
3:50-4:35pm Beg I #81-F13
4:45-5:30pm

Monday - Thursday

Adv Beg A #83-F5
Beg II #82-F13

Fee \$56

Fairview Pool - Evenings

June 20 - July 13

4:45-5:30pm Beg I #81-F14
5:40-6:25pm Beg I #81-F15

Monday & Wednesdays

Beg II #82-F14 Adv Beg A #83-F6
Beg II #82-F15 Adv Beg B #84-F4

Fee \$49

July 18 - August 10

5:50-6:35pm Beg I #81-F16
6:45-7:30pm Beg I #81-F17

Monday & Wednesdays

Beg II #82-F16
Beg II #82-F17

Fee \$56

Tots & Preschool - Fairview Pool

June 21- July 14 **Tue & Thur** **Fee \$48**
 9:20-9:45am **Tots, Preschool & Parent** (9 mo - 5 years) #80-F3
 Minimum one adult in water per child

July 19- August 11 **Tue & Thur** **Fee \$48**
 9:20-9:45am **Tots, Preschool & Parent** (9 mo - 5 years) #80-F4
 Minimum one adult in water per child

June 21- August 2 **Tuesday** **Fee \$42**
 7:00-7:25pm **Tots & Parents** (9 mo - 3 years) #80-F1
 -Children are accompanied by a parent or adult and learn to enjoy the water.
 Minimum one adult in water per child.

June 21- August 2 **Tuesday** **Fee \$42**
 7:30-7:55pm **Preschool & Parent** (3 -5 years) #80-F2
 - Children are accompanied by a parent or adult to work on water adjustment
 and basic swimming skills: blowing bubbles, kicking, and arm paddling.
 Minimum one adult in water per child.

Diving - Fairview Pool

Beginning Springboard **Tue & Thur** **Fee \$60**
June 21, 23, 28, July 5, 7, 19, 21, 26 **Ages 9 and Older**
 8-9pm #87-F1
 - Must be able to swim 25 yards and do a standing front dive off board.

Introduction to Competitive Swimming - Fairview Pool

June 20- July 13 **Mon & Wed** **Fee \$65**
 Pool Closed July 4 **Ages 9-15**
 6:45-8:00pm #89-F1
 -Students must have passed intermediate level or have comparable skills.
 Please call 651.604.3770 with questions.

Water Exercise - Fairview Pool

June 13- August 11 Pool Closed July 4

Swimnastics **M** **Fees \$48** **Seniors \$43.20**
Swimnastics **T/W/Th** **Fees \$54** **Seniors \$48.60**

A variety of water exercise including some fast paced, wall exercises, balance for upper and lower body, stretching, and toning. You must be able to maintain balance without assistance for the duration of the class.

Monday	#90-F1	8 Sessions	8:30-9:15am
Tuesday	#90-F2	9 Sessions	8:30-9:15am
Wednesday	#90-F3	9 Sessions	8:30-9:15am
Thursday	#90-F4	9 Sessions	8:30-9:15am

Cranky Hinges **M&W** **Fees \$68** **Seniors \$61.20**

This is slow paced water exercise. Participants will focus on increasing range of motion, flexibility & mobility. You must be able to maintain balance without assistance for the duration of the class.

#91-F1	17 Sessions	9:30-10am
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Lap & Open Swim May 31 - September 2 Fairview Pool

Pool closed June 6-10, July 1 & 4 and evening of May 30, August 9, 16, 23, 30.



Lap Swim

Mon, Wed, Fri 6:30-8:30am
 Mon - Fri 11:30am-1:00pm
 Thursday 8:00-9:00pm

Open Swim

adults must accompany children under 4' tall in pool
 Mon-Fri 10:15-11:15am
 Tuesday 8:00-9:00pm
 Thursday 7:00-8:00pm

Fees

Under 18 - \$3.50 / session or \$15.50 for 5
 Over 18 - \$4 / session or \$17 for 5
 Over 60 - \$3.50 / session or \$15.50 for 5

**Private Lessons:
 call 651-604-3770 for info**



Registration Information



Welcome to Roseville Community Ed!

www.ISD623.org/CommEd

Aquatics Program Registration
Fairview Community Center
1910 County Road B West, Roseville, MN 55113
 651/604.3770

Office Hours Monday-Friday, 7:30am-4pm

4 Easy Ways to Register:



Online

www.ISD623.Org
 and click on
 Community Education
 Online Registration



Mail



Walk-in:

Enrichment
 Fairview Community Center
 1910 County Road B West
 Roseville, MN 55113



Fax

to (651) 604-3501

Are You In?

Persons registering online or who provide their email address on the registration form will receive an email confirmation.

Cancellations

Persons registering online or who provide their email address on the registration form will receive an email notification in the case that a class has been cancelled. All others will receive a phone call.

UCare MN

UCare MN members may take a discount of up to \$15 per class. Members must be on UCare at the time of registration and need to include their member ID number on the registration.

Refunds

Refunds can only be issued if requested 1 week prior to the start of class. Refunds are not issued after a class has begun.

- There is a \$5 service charge on participant initiated changes or cancellations.
- Registration account credit will be issued for registrations
- Registrations via credit card will receive a credit back to the card used.

Fee Assistance/Scholarships

We believe everyone should be able to participate in enrichment classes regardless of ability to pay. To receive assistance a participant must live in the district or attend Roseville Area Schools. Call 604-3770 for more information.

Try Online Registration - it's fast & easy!

www.ISD623.ORG

Click on *Community Education Online Registration*

You may use this form to register for any class(es) listed in the brochure.

Please fully fill out this form to ensure a complete registration.

Participant Full Name _____ Parent Name _____

Street Address _____ City _____ Zip _____

Home Phone _____ Work Phone _____ Mobile/Pager _____

Emergency Phone _____ Other _____

Email Address _____

Male _____ Female _____ Birthdate _____ Age _____ Friendship Connection

Special health concerns (accommodations, disability, allergy, or special need we should be aware of): _____

1st Choice/Class # _____ Title _____ Dates _____ Time _____ \$ _____

2nd Choice/Class # _____ Title _____ Dates _____ Time _____ \$ _____

3rd Choice/Class # _____ Title _____ Dates _____ Time _____ \$ _____

Discounts

Participant's UCare ID# (If applicable) _____ Senior 60 +: Yes / No UCare Member Discount Total \$ _____

Payment Information

Total Registration Amount \$ _____

Cash

Check (*Make Checks Payable to Roseville Area Schools*)

Credit Card (*please fill out info below*)

Card Type: _____ Mastercard _____ Visa _____

Authorized Signature _____ Date _____

Cardholder's First Name _____ Card Holder's Last Name _____

Credit Card number _____

Expiration Date _____ 3 Digits on Back of Card _____

Try Online Registration - it's fast & easy!

www.ISD623.ORG

Click on Community Education Online Registration
You may use this form to register for any class(es) listed in the brochure.
Please fully fill out this form to ensure a complete registration.

Participant Full Name _____ Parent Name _____
Street Address _____ City _____ Zip _____
Home Phone _____ Work Phone _____ Mobile/Pager _____
Emergency Phone _____ Other _____
Email Address _____
Male Female Birthdate _____ Age _____ Friendship Connection

Special health concerns (accommodations, disability, allergy, or special need we should be aware of): _____

1 st Choice/Class #	_____	Title	_____	Dates	_____	Time	_____	\$	_____
2 nd Choice/Class #	_____	Title	_____	Dates	_____	Time	_____	\$	_____
3 rd Choice/Class #	_____	Title	_____	Dates	_____	Time	_____	\$	_____

Discounts

Participant's UCare ID# (If applicable) _____ Senior 60 +: Yes / No UCare Member Discount Total \$ _____

Payment Information

Total Registration Amount \$ _____

Cash

Check (*Make Checks Payable to Roseville Area Schools*)

Credit Card (*please fill out info below*)

Card Type: Mastercard Visa

Authorized Signature _____ Date _____

Cardholder's First Name _____ Card Holder's Last Name _____

Credit Card number _____

Expiration Date _____ 3 Digits on Back of Card _____