

The Raider Review

Roseville Area Middle School Newsletter

"A Caring Community of Lifelong Learners"



Important Upcoming Dates: February/March 2012

February

- 7-10 8th Grade History Day
- 10 Dance 3-5pm
- 13 Jazz Festival @ RAHS 7:30pm
- 16 Solo/Ensemble Night
- 18 SLAM 9am-12pm
- 20 Presidents Day/No School
- 21 Teacher Workshop/No School
- 23 AVID Family Night 5:30-7pm
- 27 PTA Meeting 7:00pm Media Center
- 29 Musical (Elementary Matinees)

March

- 1-3 Musical Performances
- 8 End of Trimester 2
- 9 Teacher Workshop/No School
- 12-16 Spring Break/No School

Roseville Area Middle
School
15 E. County Rd B2
Little Canada, MN 55117

Phone: 651-482-5280
Attendance: 651-482-5281
Voice Mail: 651-482-5282

www.isd623.org/rams

PRINCIPAL'S COLUMN

Greetings Parents/Guardians!

As you know student-led conferences were held January 26th and January 31st. I hope you had an opportunity to attend. Each time we have conferences we ask parents/guardians for feedback so that we can evaluate the strengths and weakness of our conferencing format. We have consistently received positive comments concerning our style of conferences (i.e., student-led conferences). I hope you were able to visit with many of your child's teachers during the open times. RAMS teachers are committed to maintaining communication regarding your child's progress.

The winter has been mild and most of us will get through February, knowing that spring is right around the corner. While all of this gives us reason to celebrate, let's not forget that this can be a very hard time of the year for students. The winter holidays are over and spring break is over a month away. This is a time when students need a lot of encouragement and praise because they may have hit a wall both emotionally and academically.

This is a time when we all need to stay involved and interested in what they are doing. If you have not already done so, attend a school event with your child. Let him know you are interested in what he is doing. Show him you are proud of his efforts. Do not be afraid to let him know you have noticed his good work. If your child needs help, check in with his teacher to see how you can help at home. Middle school students need us to stay connected.

One unknown author suggests, "In bringing up children spend on them half as much money and twice as much time." Look for spring events on the school web page and in upcoming newsletters. I invite you to attend with your child.

Thank you for being involved in your child's success!

Dr. Hoskins

STUDENT COUNCIL NEWS

Student Council would like to announce our first Spirit Week and dance of 2012! Spirit Week will be February 6th-10th. Please show your Raider Pride and participate! The specific days will be listed on posters throughout the school and will be shared during announcements.

Come have fun and build community at the school dance on Friday, February 10th. Tickets will be sold during lunches February 6th-10th. The cost of the ticket is \$5. Be sure to get your tickets early as no tickets will be sold at the door. Please have rides come pick you up at 5PM.



I AM RAMS

Student Council was pleased to provide all students and staff with an, "I am somebody, I am RAMS" bracelet. StuCo gave out these bracelets with the hope to build community and to promote an anti-bullying attitude at RAMS. All RAMS students are special with a bright future and we just wanted to remind everyone of this. Each bracelet was handed out with the following message attached:

I AM SOMEBODY, and I can make a difference.

I can make another feel loved.

I can be the helping hand that leads another back to a path of hope and a future.

I will not stand silent as others try to spread hatred through my community!

I will be the change, because I AM SOMEBODY.

QUESTION & ANSWER

Q: There's clearly something bothering my seventh grader, but she refuses to open up to me. How can I get her to tell me what's going on without being pushy?

A: Preteens and teens are notoriously tight-lipped when it comes to sharing problems with their parents. But you must keep trying to find out what is bothering your daughter.

Although it's very likely the "something" that's troubling her is relatively minor, you need to find out what it is. This is especially true if the issue drags on for days or weeks. To encourage your child to share what's happening, without feeling pressured in the process:

- Let her know you're concerned. "I feel like there's something you're not telling me. I want you to know I care about you and I'm here for you no matter what. You can talk to me about absolutely anything."
- Be clear about your expectations. "I respect your privacy and the fact that you want to handle things on your own, but I need you to tell me what's wrong. You can have a little more time to mull it over by yourself, but we will get to the bottom of this after dinner tonight."
- Call in reinforcements. If your child still refuses to talk, go to a teacher, pediatrician, guidance counselor, coach or other trusted figure in her life. Ask this person to help you uncover what's wrong.

--Holly Smith, The Parent Institute. Reprinted with permission from the February 2012 issue of Parents Still make the difference!®



COSMOS KIDS

Seventh Grade Cosmos students enjoyed listening to some of their peers at one of our talent days. These students performed January 20, 2012. Leeza Johnson, Angelique Pham, Kailey Beer, Lauren Flaten, Minwoo Kim, and Salix Iverson. They did a great job!



8TH GRADE REGISTRATION

Make sure to get your registration cards in to your STAR teachers!

7th graders received registration materials on Monday, January 23rd at RAMS. Mr. Richter met with all students in 7th grade and discussed course offerings and electives for the 2012-2013 school year (Grade 8).

All students must turn in a completed registration card, including an approved signature from parent or guardian.

This year course selections were discussed and registration cards were collected during Student Led Conferences January 26th and 31st.

Should you or your student have any questions concerning registration, please feel free to contact the Student Services Department 651-482-5289.



SCIENCE CLUB PLANT SALE

Look for the plant sale flyer next month. The Science Club Plant sale offers a variety of plants. Orders will be due early April for a delivery on April 29th/ May 1st.

We will be offering native plants, perennials, annuals, hanging baskets, herbs and ornamental grasses. This year we will also offer certified organic tomato plants. We receive our plants from Glacial Ridge growers who do not use pesticides to manage their plants. Instead, they use controlled releases of predator insects. We also use Pletscher's and Green Valley Greenhouses.

We use the funds generated from the plant sale to support our own greenhouse, our animals and various projects that the science club students engage in. Some of the proceeds will also help fund Science Club field trips and to hire a student during the summer to be our animal/gardens manager.

If you do not see an order form come home with your student look on the RAMS website sometime in the near future or email dina.bizzaro@isd623.org.



GEOGRAPHY BEE

The Social Studies Department conducted its annual National Geographic Society Geography Bee. The Bee has been a tradition at RAMS for nearly 20 years. The contest begins with a qualifying competition administered to all students. This year nearly 800 students took the qualifying exam. The students with the 14 highest scores in the school were invited to compete in the school championship. The students that were invited to compete this year were: Joshua Sandeen, James Belleque, Charlie Park, Taylor Stalboerger, Gabrielle Kennedy, Rowdy Larson, Jackson Poeschl, Jakob Powell, Valerie Quarles, Miles Suggs, Tessa Westlund, Kaleb Seeger, Daniel Min and Kerrie Reichel.

The Bee is conducted in a similar manner to a spelling bee. A student is eliminated after two incorrect answers. When the field has been narrowed to 2 students, a championship round is held. This year the top two were Charlie Park and Jackson Poeschl. In the end, Jackson was awarded the championship medal. Jackson will now take a regional qualifying exam and if he scores in the top 100 in the state, he will be invited to compete at the state competition. RAMS has qualified several students for the state competition over the years. In the end, the winner of state goes on to nationals.

We are very proud of ALL our students and wish Jackson the best of luck! Again, congratulations to all who competed.



TACKLE MID-YEAR SLUMPS WITH EMPATHY, GOALS AND ACTIVITIES

A mid-year slump can be bad news for students and their grades. To keep your child from getting bogged down in the middle of the school year:

- Watch her language. Does she frequently mention that class is always boring or that she never does well? Call her on it. "It sounds like you're frustrated about school. Let's figure out how we can make things better."
- Shift the focus. Turn her attention to other things--such as extracurricular activities or volunteer work. The novelty of doing something different may help her feel motivated again.
- Suggest goal-setting. Help her set concrete goals and then become her cheerleader as she tries to meet them. Working hard toward something specific may make her feel less like she's merely "plodding along."

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UPCOMING FIELD TRIPS

RED GIANTS/PEGASUS

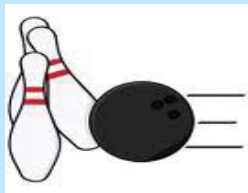
The Red Giants/Pegasus team will be taking a field trip to Sky Zone in Oakdale on Wednesday, February 8th. Maia Beckstrom of the St. Paul Pioneer Press describes Sky Zone with the following quote, "If you've ever jumped on a big outdoor trampoline, you have an inkling of the allure of Sky Zone. To get the full effect, multiply the bounce factor times dozens of trampolines, move it all inside, put trampolines on the walls and add dodge ball, basketball hoops and a foam pit."

We are looking forward to this trip as it should be a nice team building activity. Our team is unique in that we have 7th and 8th graders on the same team. Typically the 8th grade teams go snow tubing, but we asked for input from our 8th graders and we had an overwhelming number of students who wanted to experience Sky Zone.



SUPERNOVA

Supernova is heading to Brunswick Bowl on Friday, February 10th for some fun team-building while bowling.



AQUARIUS/DORADO

Team Aquarius and Dorado are both heading to Echobakken Snow Park in Scandia for snow-tubing. Aquarius students will go on Tuesday, February 7th. Dorado students will go Wednesday, February 8th. Dress appropriately!



RAMS READS UPDATE

Although the temperature is getting colder, the RAMS Reads Winter Reading Fest is just heating up! Started right after Thanksgiving, each team has been building their "snowman" using snowballs with a read book recorded on each one.

The 7th grade teams started out fast and furious, but the 8th grade teams may prove that slow and steady wins the race. We don't yet know how large these snowmen will get. We have until the end of January to find out.

Keep encouraging your student to read at home. Happy Reading!

RAMS SCHOOL STORE

Did you know RAMS has a school store that is available to students before and after school every day? It is located just outside Room #167. See Ms. Bizzaro to set up an account (just like your lunch account). Items for purchase include:

| | |
|-----------------|---------------------------|
| Cereal Bar .50 | Poptarts 1.00 |
| Granola Bar .25 | Tissue .50 |
| Fruit Snack .25 | Eraser .25 |
| Juice Box .75 | Cheez- Its .50 |
| Slim Jim 1.50 | Pencil Lead .75 |
| Water .50 | Fruit Strip .50 |
| Ruler .75 | Pencil Sharpener .50 |
| Folder .25 | Post It Notes .50 |
| Pencil Grip .25 | Composition Notebook 1.00 |

AFTER SCHOOL ACADEMIC HELP AND S.L.A.M.

Please note that the Media Center is open Monday-Thursday for students to stay and complete work. The hours are 2:45-4pm. Students MUST sign up to stay in the media center throughout the school day. Buses are available at 4pm and 5pm. RAMS teachers staff the media center. All students are encouraged to stay after with a teacher by appointment or in the media center, especially if their grades are not above a "C", have missing or incomplete work, or to work on test corrections or a project.

S.L.A.M (Students Learn and Achieve More) will be available Thursday January 12 (2:45-7pm), Saturday, February 18 (9-noon), Thursday April 19 (2:45-7pm) and Saturday May 19 (9-noon). There will be a cut off 2 days prior to each SLAM session to make sure we have space and staff. Students must arrange their own transportation. This gives students a longer period of time those days to catch up or complete work that is missing or incomplete. Some students come to work on projects or work on the computers if they do not have access at home.

The sign up for SLAM will begin two weeks prior to each SLAM session listed and will be located in the front office. Other ways to sign up are to tell your STAR teacher or a counselor that you are interested.



VOLLEY FOR HEART TOURNAMENT

We would like to extend an invitation to all 7th and 8th graders to participate in a school-wide Volleyball tournament. The tournament will be a half-day in-school field trip for each grade level. This is an opportunity for students to participate in a tournament that promotes good health and at the same time raise money for a good organization. The money we collect will go to the American Heart Association.

Every participant must fill out the Volley for Heart form along with a parent/guardian's signature.

Students will make their own teams and players must be the same grade level. Once you have your team decided, please list all members on the form. You can only be listed on one team. 7th and 8th grade teams are limited to 8 players on a team. There must be at least 2 players of the opposite sex (for example: 6 boys/2 girls, 5 girls/3 boys, 4 girls/4 boys etc.)

8th grade tournament will be held STAR thru 3rd hour on Thursday, March 8th.
7th grade tournament will be held 5th hour thru 7th hour Thursday, March 8th.

Students can get the form to participate in the main office or from Ms. Buie, Physical Education Teacher. The form must be returned along with donations you have collected by Tuesday, February 28th.

We are asking that every participant get a minimum of \$10.00 in donations.

Please return all forms and envelopes to Ms. Buie.

RAMS SPRING ATHLETICS

The RAMS Athletic office (482-5290) will be accepting registrations for spring sports teams from March 1 through March 27. To register, athletes must have had an athletic physical within the last 3 years. Athletes must bring a completed behavior expectations form and a completed insurance waiver/travel consent form to the athletic office and pay the fee to get a clearance form. Athletes who played on RAMS or RAHS teams in the fall or winter do not need to complete the forms again when registering for spring sports, but they do need to take care of the fee.

The fee for Softball or Track & Field is \$110. Baseball costs \$120, because the fee includes a team cap that players keep after the season. Boys Tennis will cost \$120, because players receive a team t-shirt/uniform that they keep. Students who qualify for reduced meals pay \$25 for all sports. The athletic fee is waived for students who qualify for free meals, but students still need to get a clearance form from the Activity Office.

The Athletic Department has set a family maximum cost of \$600 per school year, which includes RAMS and RAHS siblings. Families with multiple athletes should keep track of the amount they spend on athletic fees over the school year. If it goes over \$600, mention it when registering.

Weather permitting; practices will begin on Monday, March 27. The spring seasons last 8-9 weeks, ending before Memorial Weekend. Athletes should expect to practice or compete every school day, right after school.



The following spring sports will be available to middle school students:

- Boys 7/8 Track & Field
- Girls 7/8 Track & Field
- Boys 7/8 Tennis
- 8th Grade Boys Baseball
- 8th Grade Girls Fastpitch Softball - If there are fewer than 24 eighth graders signed up for Softball by March 26, then 7th graders will be allowed to join the teams.
- 7-12 Golf - Potential golfers must try-out and be selected to the RAHS team. The \$200 registration fee will be refunded to athletes who do not make the cut. Golfers must provide transportation to practices. The golf season starts on March. 22nd.
- Adapted Softball - Information can be found at www.mnadaptedathletics.org.



ARE YOU TEACHING YOUR CHILD TO BE KIND TO OTHERS?

Being a “mean girl” or a bully is never the way to succeed in school--or in life.

Answer yes or no to the questions below to see if you are promoting kindness in your child:

- ___1. Do you model kindness by treating your child and all others with kindness and respect?
- ___2. Do you tell your child that the Golden Rule (treating others as you would like to be treated) is a very important value in your family?
- ___3. Do you promote empathy in your child? “Remember how you felt when you didn’t get invited to Kaitlyn’s party?”
- ___4. Do you praise your child whenever you see her being kind to somebody else?
- ___5. Do you encourage your child to befriend a wide variety of students?

How well are you doing?

The more yes answers you have means you are demonstrating kindness to your child. For no answers, try those ideas from the quiz.

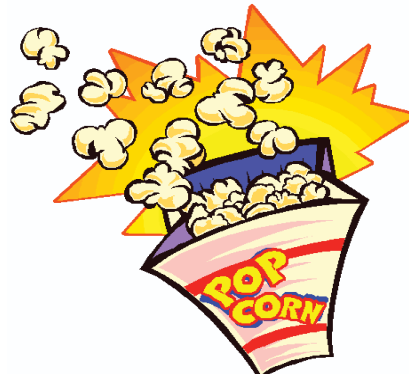
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POPCORN - POPCORN - POPCORN!!!

Way to go RAMS Students! We earned our second school-wide goal of 5000 Raider Pride tickets and celebrated with an All School Popcorn Reward! Students and staff enjoyed popcorn during their lunches on January 24th and 25th.

Thank you RAMS students and congratulations on hitting another milestone! Keep collecting and turning in those Raider Pride tickets - there are lots of cool prizes yet to come.



RAMS 2ND ANNUAL BEARD GROWING CONTEST

Throughout the month of December, several of our male staff members participated in RAMS 2nd Annual Beard Growing Contest. Staff wanted to show students that they could grow more facial hair than the average middle schooler!

Here were the results:

- Mr. Lauinger: Best Chewbacca Beard
- Mr. Benson: Best Newbie Effort
- Mr. Schwingle: Most Gnomeworthy
- Mr. Thao: Best Chin Curtain
- Mr. Gertz: Most Bearded Cephalopod Like
- Mr. Bibeau: Best Bearded Scarf
- Mr. Richter: Most Colors
- Mr. Brooks: Most Teenage Like Beard
- Mr. Holmes: Best Groomed
- Mr. Simso: BEAST (not best) Beard
- Mr. Carlson: Most In Need Of a Shave



THEATRE NEWS

THE NIFTY FIFTIES is the RAMS winter musical and the cast and crew are hard at it learning their blocking, lines, songs, dances, building the set, building the props, pulling and building costumes and rehearsing the pit orchestra music. There are over 115 students involved in the show! The Nifty Fifties is set the 1950's and is filled with lots of fun music and dancing!

Synopsis: Gracie Stanley has gotten herself in hot water by promising to deliver her distant cousin, rock star Ziggy Springer, for the high school Hippity Hop at Louise's Luncheonette. Ziggy's manager doesn't want his client performing anywhere without pay, so Gracie and her friends have to produce a double — and fast! They use a singing soda jerk and plan to have him perform in the dark! It won't be easy for Gracie to get away with this one with her rival, snooty Muffin Mansfield, waiting for her to flop. Meanwhile, Louise has her own problems. The building's owner forbids the dance and plans to turn the eatery into a dry cleaner. With all of this happening, Gracie's brother is living in terror because he's smashed up a Harley belonging to Sinbad Gallucci, a bad dude.

PERFORMANCES of **THE NIFTY FIFTIES** will be on Thursday, Friday and Saturday, March 1st, 2nd and 3rd at 7:30 PM and Saturday, March 3rd also at 2:30 PM. There will be matinee performances on Wednesday, February 29th for elementary students. Come on over to RAMS to see the show! For ticket information please call or email Linsey Owen (Grindahl) @ 651-482-5284 or linsey.owen@isd623.org. We hope to see you there!



RAMS Spring Play:

Auditions for the RAMS Spring Play, A Shakespeare parody on Twelfth Night (title yet to be decided) will be held the week after spring break after school on Tuesday, March 20th and Wednesday, March 21st. Students will need to do 8 lines of a Shakespeare sonnet, memorized (to be provided) and a group improv. Call backs will be held on Thursday, March 22nd after school. Rehearsals start Monday, March 26th. Performances are Thursday, May 3rd, Friday, May 4th and Saturday, May 5th.

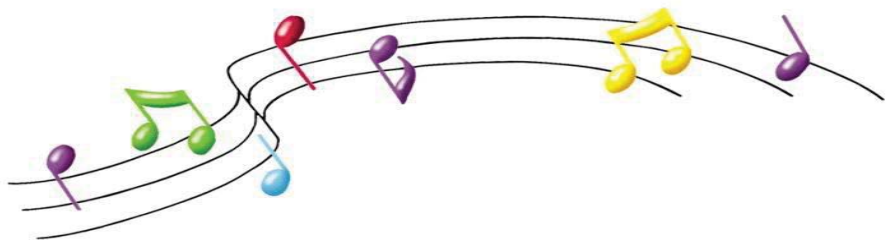
Crew sign-ups for the RAMS Spring play will be the week after Spring Break starting on Tuesday, March 22nd. There are only 35 crew spots available for the spring production. It is a first come, first served sign up process. If you miss signing up consider auditioning to be in the play.

Looking Ahead:

A Night of the Stars, the RAMS Theatre awards night, spring Improv performance and ice cream social will be held in the RAMS theatre on Tuesday, May 29th. Join us as we honor ALL of the students who have participated in a RAMS Theatre production during the 2011-12 season, as well as those students who are Super Troupers and have participated in all 6 productions during their 2 years at RAMS. There will be a slide show from the years shows and a slide show for the Super Troupers. It is a fun night to look back on the fantastic year we had together!

SPRING IMPROV – will begin AFTER the spring play performances. They will be held twice a week after school from 3-5pm with a performance on the night of the RAMS Theatre awards on Tuesday, May 29th.

For more information on the RAMS Theatre program contact Linsey Owen (Grindahl) at 651-482-5284 or linsey.owen@isd623.org



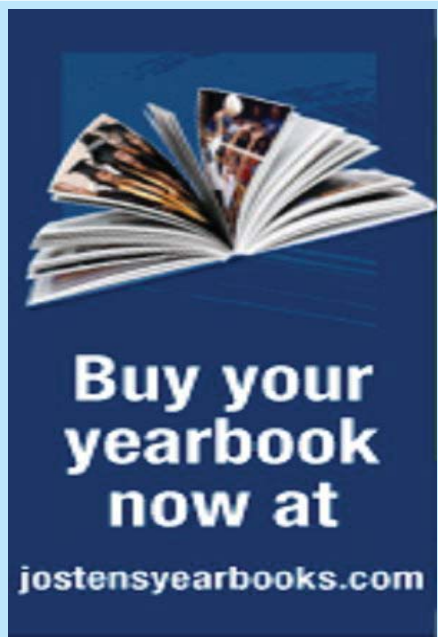
ENCOURAGEMENT CAN BUILD YOUR MIDDLE SCHOOLER'S SELF-ESTEEM

The middle school years can be a tough time for your child's self-esteem. These years usually bring many physical changes. Many children are not satisfied with the results. Middle school also means more challenging classes. These are also years where your child may be constantly comparing herself with others. Sometimes she may feel she comes up short.

You can battle these feelings with encouragement. Here's how:

- Remind your child that this stage of her life is temporary. The changes of puberty can be awkward. Tell your child you understand what she is going through.
- Give your child the opportunity to take a healthy risk. This means trying something new. Learning a new skill is an almost surefire way to increase confidence.
- Talk about the good things going on in your child's life. Did she finish her homework, get invited to a movie this weekend, teach the dog to shake hands? Help your child come up with one or two things she is grateful for each day.

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YEARBOOK ORDER FORM

Star Teacher: _____

Name: _____

Grade: _____ Team: _____

You can still pre-order your yearbook and save some money. Yearbooks are on sale for \$33.00. There will be a very limited quantity available for sale at the end of the year, so order now!.

Questions: Mr. Schwingle at 651-482-5280 ext. 187. Please make checks payable to RAMS. Turn money/order form in to the RAMS office.

Yearbooks will be handed out the last week of school.

PAID BY:
Check # _____ Cash _____

Keep this portion as your Receipt!!

Date _____

Name _____

Star Teacher _____

PAID BY:
Check # _____ Cash _____

DORADO POETRY!

This month, Dorado students have been reading and writing poetry. They practiced writing poems with specific rules, no rules, and creating rules. Below are a few examples of poems with specific rules.

For the "I Am" poem, students had to follow a repetitive format. These two examples show how students can use that format to create something that is unique and interesting. Both students practiced using specific patterns with meter, as well as including other poetic devices.

The illustrated poems are limericks. For this style, students had to write a humorous poem with five lines and rhyme. A twist was that the poem had to be "mostly" true of the author.

I Am by Inessa Chernyy

I am alert and ambitious
I wonder if I'll accomplish my goals
I see my coach signaling me to swim
I want heavy gold in my hands
I am alert and ambitious

I pretend I'm the very best
I feel the water climb up on my skin
I touch my future hopes and dreams
I worry I'll let my cautious coach down
I cry when I feel my heart race
I am alert and ambitious

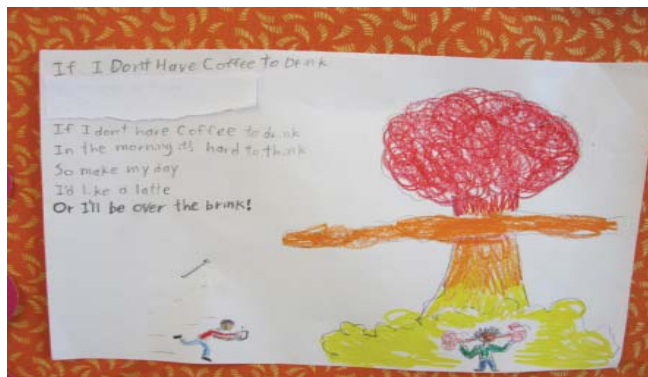
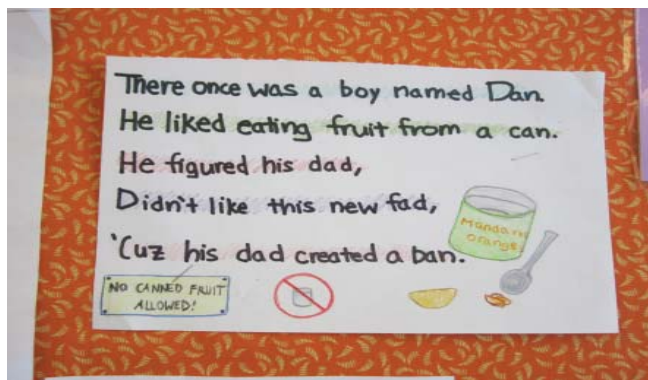
I understand you don't believe
I say I can achieve my goals and dreams
I dream of my coach being proud
I try to please my crabby, concerned coach
I hope my intentions are good
I am alert and ambitious

I Am by Charlie Johnson

I am a fun comedian
I wonder why we laugh
I hear the sound of ha ha ha
I see sides split in half
I want people to say hurrah
I am a fun comedian

I pretend I'm a big big star
I feel my heart beat fast
I touch my brand new sporty car
I worry I'll be last
I cry when I have real tough crowds
I am a fun comedian

I understand that I'm not good
I say some stupid things
I dream one day I'll have a show
I try to be funny
I hope one day I'll be a pro
I am a fun comedian



PTSA[®]

everychild. one voice.

PTSA NEWS

Greetings RAMS Families, Winter weather has finally arrived and we now have some very chilling temperatures to deal with, so I offer you a warming thought -- our RAMS PTSA. We have a great PTSA this year. We have 46 paid members and many of them attend the PTSA meetings and volunteer to help with PTSA projects and events. One of the best things about our PTSA is the opportunity to get to know other parents through their involvement and talking about our experiences as middle school parents. We celebrate together the successes of our students and help each other navigate through some of the challenges that being the parent of a middle school student can bring.

If you've been thinking about joining PTSA but haven't gotten around to it, there's still time. We have several meetings left this year and we invite you to join us:

- February 27th - Featured Topic: Bullying with guest speaker
- April 16th - Featured Topic: "Preparing For Transition To High School" presented by member of RAHS Counseling Staff
- May 21st - Topic To Be Determined

Here is an update on several of our PTSA events and projects.

The Direct Giving Campaign has come to a close. Our goal was to raise \$3,000. We had 40 families make a contribution to our campaign and we raised \$1,275.

If you did not have an opportunity to contribute to our campaign and would like to, we will graciously accept donations at anytime. (Checks can be made payable to: RAMS PTSA. Send contributions to school with your student in an envelope labeled "RAMS PTSA" or you can mail contributions directly to: RAMS PTSA; c/o Roseville Area Middle School; 15 East County Road B2; Little Canada, MN 55117.)

Many thanks to Janet Schreiner, Theresa Thao-Yang, and Adam Yang for serving on the Direct Giving Campaign Committee. Your efforts helped make our campaign successful.

Some funds received from our Direct Giving Campaign will be used for improvements to a classroom and teacher work space on the lower level. These rooms were previously used for other purposes and need a little attention to be fully functional for RAMS teachers and students. PTSA parents (and some students) have been cleaning and painting the rooms during evenings and weekends.

After those tasks are done, we're looking forward to the more fun task of "decorating". Our goal is to have all rooms completed before Spring Break so students and teachers will be able to enjoy their "new" rooms.

Our General Mills Box Top contest is in full swing as this article goes to press; the contest runs until February 3. Students are eligible for prize drawings based on the number of box tops they turn in. Grand prize is a Kindle Fire Tablet; raffle prizes include gift cards to area restaurants such as DQ, Subway, Culvers and more.

Students who turned in 75 or more box tops by January 15 earned a ticket to a pizza party, which was held on Friday, January 19. We had 115 students enjoying a pizza lunch on that day. All proceeds from the box top contest will go towards the purchase of a French Horn for the RAMS Band.

Please look through your kitchen cupboards to see if there are any General Mills box tops still lurking on packages; please clip them and send to school with your student. Every box top helps.

A special thank you to Karla Joyce for serving as Box Top Chair. You have put in a lot of time and effort to make this a fun and successful contest for our students and our RAMS Band.

Please check our website for other information about RAMS PTSA Stay Warm,

Nancy Pleiss Brooks
RAMS Parent and PTSA Coordinator





www.suicidepreventioncollaborativemn.org

Not My Kid: A Community Conversation on Youth Suicide

No one likes to think that kids are at risk for suicide, but unfortunately they are. Come to this community meeting to learn the facts about youth suicide from a national expert and discuss strategies for getting all segments of the community involved in simple but effective prevention strategies.

February 28, 2012

Oakland Junior High

820 Manning Avenue North
Lake Elmo, MN 55042

Resource Fair: 6-7 p.m.

Speaker: 7-9 p.m.

Target audience: Parents, caregivers, teens, school staff and interested community members.

Refreshments provided

FREE!



Maureen Underwood, LCSW, CGP, is a licensed clinical social worker and certified group psychotherapist with over 30 years of experience in mental health and crisis intervention. With a practice specialty in suicide, grief, trauma, and crisis resolution for children and families, she has developed numerous programs and published extensively on these and other related topics. She has been providing clinical training in suicide assessment for emergency room mental health screeners for the past seven years and has coauthored a book chapter on the assessment of suicide risk in outpatient settings and the LIFELINES School-Based Youth Suicide Response Program.



She is the author of the National Association of Social Work's policy statement and currently serves as the Clinical Director for The Society for the Prevention of Teen Suicide.

Co-Sponsors



Stillwater and South Washington County Teen Health Fund



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