

YOUTH SWIM WINTER 2019

ALL CLASSES AT
FAIRVIEW COMMUNITY CENTER POOL

WINTER LESSON SCHEDULE

No class Jan 21

Monday	Jan 7-Feb 25
Wednesday	Jan 9-Feb 20
Thursday	Jan 10-Feb 21
Saturday	Jan 12-Feb 23



TOTS - PARENT IN WATER 9 MONTHS-3 YEARS

Children are accompanied by a parent or adult and learn to enjoy the water. Minimum one adult in water per child.

WINTER SCHEDULE

CLASS	DATE	TIME	DAY	\$
#80-F11	Jan 12-Feb 23	9:00-9:25AM	Saturday	\$47
#80-F7	Jan 8-Feb 19	7:00-7:25PM	Tuesday	\$47
#80-F8	Jan 10-Feb 6	9:20-9:45AM	Thursday	\$47

SPRING SCHEDULE (No class April 20 & 25)

#80-F1	Mar 23-May 18	9:00-9:25AM	Saturday	\$53
#80-F2	Mar 26-May 14	7:00-7:25PM	Tuesday	\$53
#80-F3	Mar 21-May 16	9:20-9:45AM	Thursday	\$53

PREK - PARENT IN WATER 3-5 YEARS

Children are accompanied by a parent or adult to work on water adjustment and basic swimming skills: blowing bubbles, kicking, and arm paddling. Minimum one adult in water per child.

WINTER SCHEDULE

CLASS	DATE	TIME	DAY	\$
#80-F9	Jan 12-Feb 23	9:30-9:55AM	Saturday	\$47
#80-F10	Jan 8-Feb 19	7:30-7:55PM	Tuesday	\$47
#80-F8	Jan 10-Feb 21	9:20-9:45AM	Thursday	\$47

SPRING SCHEDULE (No class April 20 & 25)

#80-F4	Mar 23-May 18	9:30-9:55AM	Saturday	\$53
#80-F5	Mar 26-May 14	7:30-7:55PM	Tuesday	\$53
#80-F3	Mar 21-May 16	9:20-9:45 AM	Thursday	\$53

RED CROSS YOUTH SWIM LESSONS 5-14 YEARS - WINTER 2019

If children are registered in the wrong class level, they will not be allowed to remain in the class and will be moved to the correct level if space is available. To have the level tested prior to registration, call **651.604.3770** for testing times and procedures.

BEGINNER I (Same As Red Cross 1-2)

Students learn to float and kick on front and back, jump into deep water, swim beginner stroke, roll over, and kick on back.

BEGINNER II (Same As Red Cross 3)

Prerequisite: Passing of Beginner I
New Skills: Front crawl with rhythmic breathing, elementary backstroke, treading water, and sitting dive.

ADVANCED BEGINNER A

(Same As Red Cross 4)

Prerequisite: Passing of Beginner II
New Skills: Back crawl, breaststroke, scissors, and dolphin kick.

ADVANCED BEGINNER B

(Same As Red Cross 4)

Prerequisite: Passing of Adv. Beginner A.
New Skills: Breaststroke, butterfly, and sidestroke.

INTERMEDIATE (Same As Red Cross 5)

Prerequisite: Passing of Adv. Beginner B.
New Skills: Tuck and pike surface dives, flip turns, and butterfly.

SWIMMER (Same As Red Cross 6)

Prerequisite: Passing of Intermediate
New Skills: Personal water safety skills, turns, and strong emphasis on endurance and stroke refinement.

DAY	TIME	COURSE OFFERINGS			PRICE
Sat	10:00-10:45AM	Beg I #81-F1	Beg II #82-F1	Adv Beg A #83-F1	\$56
Sat	10:55-11:40AM	Beg I #81-F2	Beg II #82-F2	Adv Beg B #84-F1	\$56
Mon	5:30-6:15PM	Beg I #81-F3	Beg II #82-F3	Adv Beg B #84-F2	\$56
Mon	6:25-7:10PM	Beg I #81-F4	Beg II #82-F4	Adv Beg A #83-F2	Inter #85-F1 \$56
Wed	5:35-6:20PM	Beg I #81-F5	Beg II #82-F5	Adv Beg A #83-F3	\$56
Wed	6:30-7:15PM	Beg I #81-F6	Beg II #82-F6	Swim #86-F1	\$56
Thur	5:15-6:00PM	Beg I #81-F7			\$56
Thur	6:10-6:55PM	Beg I #81-F8			\$56

Fairview is classified as a warm water pool.

Spring Youth Lesson Schedule distributed in Roseville Area Schools at end of February

ADULT SWIM WINTER 2019

ADULT BEGINNER LESSONS 15 YEARS & OLDER

Lessons for teens and adults who can't swim or fear the water and those with basic swimming skills wishing to refine them.

WINTER SCHEDULE

CLASS	DATE	TIME	DAY	\$
#92-F2	Jan 8-Feb 19	6:05-6:50PM	Tuesday	\$56

SPRING SCHEDULE

#92-F1	Mar 26-May 14	6:05-6:50PM	Tuesday	\$64
--------	---------------	-------------	---------	------

**CALL 651.604.3770
FOR INFO ON
PRIVATE SWIM
LESSONS**

SWIMNASTICS

A variety of water exercise including some fast-paced, wall exercises, balance improvement, stretching, and toning. You must be able to maintain balance without assistance for the duration of the class time.

CLASS	DATE	TIME	DAY	\$	SENIOR (60+)
WINTER SCHEDULE (No class Jan 21)					
#90-F7	Jan 7-Feb 25	8:30-9:15AM	Mon	\$46.20	\$41.60
#90-F8	Jan 8-Feb 19	8:30-9:15AM	Tue	\$46.20	\$41.60
#90-F9	Jan 8-Feb 19	9:20-10:05AM	Tue	\$46.20	\$41.60
#90-F10	Jan 2-Feb 20	8:30-9:15AM	Wed	\$52.80	\$47.50
#90-F11	Jan 3-Feb 21	8:30-9:15AM	Thu	\$52.80	\$47.50
#90-F12	Jan 7-Feb 25	7:15-8:00PM	Mon	\$46.20	\$41.60

Spring schedule available online end of February (www.isd623.org/communityed), click online registration.

CRANKY HINGES

This class is slow-paced water exercise. Participants will focus on increasing range of motion, flexibility, and mobility. You must be able to maintain balance without assistance for the duration of the class.

CLASS	DATE	TIME	DAY	\$	SENIOR (60+)
WINTER SCHEDULE (No class Jan 21)					
#91-F2	Jan 2-Feb 25	9:30-10:00AM	Mon & Wed	\$66.40	\$59.80

LAP SWIM (No swim Jan.21)

Spring schedule available online end of February (www.isd623.org/communityed)
Pay on the pool deck.

DAY	DATE	TIME	OVER 18	UNDER 18 & OVER 60
FALL SCHEDULE				
M, W, F	Jan 2-Mar 1	6:30-8:00AM	\$4.75/Session or \$20/5	\$4.25/Session or \$18.50/5
M,T, W,F	Jan 2-Feb27	11:30AM-12:30PM	\$4.75/Session or \$20/5	\$4.25/Session or \$18.50/5
T, TH	Jan 3-Feb21	8:00-9:00PM	\$4.75/Session or \$20/5	\$4.25/Session or \$18.50/5

OPEN SWIM (No swim Jan.21)

Pay on the pool deck. Parents must accompany children under 4' tall in pool.

DAY	DATE	TIME	OVER 18	UNDER 18 & OVER 60
M,T,W,F	Jan 2-Feb27	10:15-11:15AM	\$4.75/Session or \$20/5	\$4.25/Session or \$18.50/5
Th	Jan 3-Feb21	7:00-8:00PM	\$4.75/Session or \$20/5	\$4.25/Session or \$18.50/5
Sat	Jan 12-Feb 23	11:45AM-1:00PM	\$4.75/Session or \$20/5	\$4.25/Session or \$18.50/5

SILVERSNEAKERS® & SILVER&FIT®

SilverSneakers and Silver&Fit members are able to participate in Lap or Open Swim at no cost. Please present your program card to the lifeguard on deck when participating.

REGISTRATION INFORMATION

3 WAYS TO REGISTER

ONLINE

www.isd623.ce.eleyo.com

MAIL

Mail registration form along with payment to:
**Fairview Community Center
CE Registration Office
1910 County Road B West
Roseville, MN 55113**

WALK-IN

M-F 7:30AM-4:00PM

CALL 651-604-3770

with any questions

CLASS CONFIRMATION

Assume you are in the class you registered for unless you hear from us. You will receive an email confirmation if you registered online or if you provided an email address on the registration form.

REGISTER EARLY

Many sessions fill quickly. Sessions will be canceled the week prior to the start date if sufficient enrollment is not received. Help us avoid the disappointment of class cancellations by registering early.

UCARE MN

UCare MN members may take a discount of up to \$15/year. Members must be on UCare at the time of registration and need to include their member ID on the registration. Some limitations may apply.

SENIOR DISCOUNT

Adults 60+ may take 10% off most classes. Some exclusions apply.

FEE ASSISTANCE

We believe everyone should be able to participate in enrichment classes regardless of ability to pay. To receive assistance, a participant must live in the district, or attend a Roseville Area School. Call **651-604-3770** for more information.

SATISFACTION GUARANTEED

If you enjoyed a class, please spread the word! If you are not satisfied with a class, please call us at **651-604-3770**.

CANCELLATION POLICIES

You will receive a phone call and/or an email notification if Community Education cancels a class along with a full refund. If you need to cancel a class, in order to receive a refund, you must notify us at least a week prior to the class. We will issue a refund minus a \$5 service charge. Weather related cancellations will be announced on local TV stations. If Roseville Area Schools are closed, all enrichment classes and activities are canceled for the day. Refunds are not issued for classes canceled to due weather.

Parent Name _____
Street Address _____ City _____ Zip _____
Home Phone _____ Work Phone _____ Mobile/Page _____
Emergency Phone _____ Other _____
Email Address _____

Participant 1

Full Name _____ Male Female Birthdate _____
1st Choice/Class # _____ Title _____ Dates _____ Time _____ \$ _____
2nd Choice/Class # _____ Title _____ Dates _____ Time _____ \$ _____

Participant 2

Full Name _____ Male Female Birthdate _____
1st Choice/Class # _____ Title _____ Dates _____ Time _____ \$ _____
2nd Choice/Class # _____ Title _____ Dates _____ Time _____ \$ _____

Special Health Concerns (allergies, etc.)

By registering, I acknowledge that this activity has potential dangers to it and my involvement is voluntary. In order to participate in this activity, I agree to hold Roseville Area Schools harmless and I waive any right to make any claim against the school district or anyone working on behalf of the school district for any injuries or damages related to participation in this class.

Discounts UCare ID# _____ UCare MemberDiscount \$ _____ Senior 60+ Yes No

Total Registration Amount \$ _____

Payment Method

Cash Check (Payable to Roseville Area Schools) Credit Card (please fill out info below)

Name on Card _____ Credit Card number _____

Expiration Date ____/____/____ 3 Digit Security Code _____

Authorized Signature _____ Date _____