

MAY 2018

Activities Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CALENDAR SCHEDULE IS SUBJECT TO CHANGE	Religious Study 9:30-10:30 a.m. RASP Advisory Council 3-4:15 p.m. <p style="text-align: center; font-size: 2em;">1</p>	Foot Care Clinic by appointment 9 a.m.-3 p.m. Men's Discussion 10-11:30 a.m. Dementia Caregiver Re-Entry 1-2:30 p.m. Cribbage 1-3 p.m. Billiards , 7-9 p.m. <p style="text-align: center; font-size: 2em;">2</p>	Partner Bridge 12:30-4:00 p.m. <p style="text-align: center; font-size: 2em;">3</p>	Investment Forum I 9:30-11:30 a.m. Open Bridge 10 a.m.-12 p.m. Clip 'n' Sip Coupons , 10-11 a.m. Stitch 'n' Chat , 1-3 p.m. North Suburban Chorus 1:30-3:30 p.m. <p style="text-align: center; font-size: 2em;">4</p>
Open Bridge 12-3:00 p.m. Mahjong (Offsite) 1-3:30 p.m. Ukulele Play & Sing \$1.50 pay at session 1:30-3:00 p.m. <p style="text-align: center; font-size: 2em;">7</p>	Hearing Screening & Hearing Aid Cleaning by appointment, 10 a.m.-12 p.m. Caregiver Support Group 12:30-2:30 p.m. Ballroom Dance , 1:30-4:00 p.m. <p style="text-align: center; font-size: 2em;">8</p>	Marketplace Talk @ Marketplace Bingo Hall 9:30-10:30 a.m. Men's Discussion 10-11:30 a.m. Cribbage 1-3 p.m. Billiards , 7-9 p.m. <p style="text-align: center; font-size: 2em;">9</p>	Blood Pressure Screening 10:30-11:30 a.m. Partner Bridge 12:30-4:00 p.m. Dementia Caring & Coping: Resources for Staying in Your Home 1-3 p.m., Roseville Library <p style="text-align: center; font-size: 2em;">10</p>	Investment Forum I 9:30-11:30 a.m. Open Bridge 10 a.m.-12 p.m. Clip 'n' Sip Coupons , 10-11 a.m. Stitch 'n' Chat , 1-3 p.m. North Suburban Chorus 1:30-3:30 p.m. <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;"> 12 Def Driving 4HR 8:30 a.m.-12:30 p.m. </div> <p style="text-align: center; font-size: 2em;">11</p>
Open Bridge , 12-3:00 p.m. Mahjong , 1-3:30 p.m. Investment Forum 2 1:30-3:30 p.m. Def Driving 4 HR 1:30-5:30 p.m. <div style="border: 1px solid black; padding: 2px; width: fit-content; margin: 5px auto;"> 13 TED Talks 2-3:30 p.m. @ Roseville Library </div> <p style="text-align: center; font-size: 2em;">14</p>	Religious Study 9:30-10:30 a.m. Def Driving 8 HR 5:30-9:30 p.m. <p style="text-align: center; font-size: 2em;">15</p>	Foot Care Clinic by appointment 9 a.m.-3 p.m. Men's Discussion 10-11:30 a.m. Cribbage 1-3 p.m. Great Decisions 2-3 p.m. @RosePointe Billiards , 7-9 p.m. <p style="text-align: center; font-size: 2em;">16</p>	Partner Bridge 12:30-4:00 p.m. Def Driving 8 HR 5:30-9:30 p.m. <p style="text-align: center; font-size: 2em;">17</p>	Investment Forum I 9:30-11:30 a.m. Open Bridge 10 a.m.-12 p.m. Clip 'n' Sip Coupons , 10-11 a.m. Stitch 'n' Chat , 1-3 p.m. North Suburban Chorus 1:30-3:30 p.m. <p style="text-align: center; font-size: 2em;">18</p>
Open Bridge 12-3:00 p.m. Mahjong 1-3:30 p.m. <p style="text-align: center; font-size: 2em;">21</p>	Caregiver Support Group 12:30-2:30 p.m. Ballroom Dance , 1:30-4:00 p.m. <p style="text-align: center; font-size: 2em;">22</p>	Health Ins Counseling by appointment, 9-11 a.m. Men's Discussion , 10-11:30 a.m. Def Driving 4 HR 5:30-9:30 p.m. Billiards , 7-9 p.m. <p style="text-align: center; font-size: 2em;">23</p>	Blood Pressure Screening 10:30-11:30 a.m. Partner Bridge 12:30-4:00 p.m. <p style="text-align: center; font-size: 2em;">24</p>	Investment Forum I 9:30-11:30 a.m. Open Bridge 10 a.m.-12 p.m. Clip 'n' Sip Coupons , 10-11 a.m. Stitch 'n' Chat , 1-3 p.m. North Suburban Chorus 1:30-3:30 p.m. <p style="text-align: center; font-size: 2em;">25</p>
CLOSED MEMORIAL DAY <p style="text-align: center; font-size: 2em;">28</p>	<p style="text-align: center; font-size: 2em;">29</p>	Men's Discussion , 10-11:30 a.m. Cribbage 1-3 p.m. Billiards , 7-9 p.m. <p style="text-align: center; font-size: 2em;">30</p>	Partner Bridge 12:30-4:00 p.m. <p style="text-align: center; font-size: 2em;">31</p>	

HIGHLIGHTS

Drop-In Lounge
Computer station, pool tables, library. The coffee pot is always on, rolls on Tue/Wed! 25¢ donation.
M-F 8:00 a.m. - 4:00 p.m.

Roseville Gift & Craft Shoppe
Our volunteer staffed craft shop features hand-crafted items for everyone!
M-F 9:30 a.m.-3:30 p.m.

The Flaming Spoon Café
View menus at Fairview Community Center or online at www.isd623.org/RASP. Full meal = \$4.35.
M-F 11:00 a.m.-12:15 p.m.
Large Group Reservations 651-604-3518.

Foot Care Clinic
Jeanne Polaichik, RN will teach you how to care for your feet, trim nails, and do assessments. Call for appointments.
Initial visit: \$34 for 30 min.
Return visits: \$27 for 30 min.

Ballroom Dance
Join us for social dances with refreshments.
May 8 ~ Dick Macko
May 22 ~ TBD
June 12 ~ Rod Cerar
June 26 ~ Jerry Biersbach
\$5 per person at the door

Blood Pressure Screening
Monitor your blood pressure and stay healthy with this free screening by qualified community volunteers.
Monthly 2nd & 4th Thursday 10:30 a.m.-11:30 a.m. FREE

JUNE 2018

Come Join Us!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>RASP is looking for a sponsor that will support the mailing of the Seasons Newsletter six times per year. If you know a business, health organization, or an individual(s) who may be interested, please call Norm at 651-604-3522. Prominent recognition guaranteed.</p>			<p>Open Bridge, 10 a.m.-12 p.m. Clip 'n' Sip Coupons, 10-11 a.m. Stitch 'n' Chat, 1-3 p.m. Chorus, 1:30-3:30 p.m.</p>
<p>Open Bridge, 12-3:00 p.m. Mahjong (Offsite) 1-3:30 p.m. Ukulele Play & Sing \$1.50 pay at session 1:30-3:00 p.m.</p> <p style="text-align: center;">4</p>	<p>Religious Study 9:30-10:30 a.m. Bridge class: Commonly Used Conventions begins (8 sessions) 1:15-3:15 p.m.</p> <p style="text-align: center;">5</p>	<p>Foot Care Clinic by appointment 9 a.m.-3 p.m. Men's Discussion 10-11:30 a.m. Cribbage 1-3 p.m. Billiards, 7-9 p.m.</p> <p style="text-align: center;">6</p>	<p>Partner Bridge, 12:30-4 p.m. Def Driving 8 HR 5:30-9:30 p.m. 10-11:30 a.m. Billiards, 7-9 p.m.</p> <p style="text-align: center;">7</p>	<p>Open Bridge 10 a.m.-12 p.m. Clip 'n' Sip Coupons, 10-11 a.m. Stitch 'n Chat, 1-3 p.m.</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;"> <p>9 Def Driving 4HR 8:30 a.m.-12:30 p.m.</p> </div> <p style="text-align: center;">8</p>
<p>Open Bridge 12-3:00 p.m. Investment Forum 2 1:30-3:30 p.m. Mahjong, 1-3:30 p.m.</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;"> <p>10 TED Talks 2-3:30 p.m. @ Roseville Library</p> </div> <p style="text-align: center;">11</p>	<p>Hearing Screening & Hearing Aid Cleaning by appointment, 10 a.m.-12 p.m. Caregiver Support Group 12:30-2:30 p.m. Ballroom Dance, 1:30-4:00 p.m.</p> <p style="text-align: center;">12</p>	<p>Volunteer Recognition Breakfast 8:30-10:00 a.m., Solarium Marketplace Talk @ Marketplace Bingo Hall 9:30-10:30 a.m. Men's Discussion 10-11:30 a.m. Cribbage 1-3 p.m. Billiards, 7-9 p.m.</p> <p style="text-align: center;">13</p>	<p>Blood Pressure Screening 10:30-11:30 a.m. Partner Bridge 12:30-4:00 p.m. Dementia Caring & Coping: Is It Time to Move? 1-3 p.m., Roseville Library</p> <p style="text-align: center;">14</p>	<p>Open Bridge 10 a.m.-12 p.m. Clip 'n' Sip Coupons, 10-11 a.m. Stitch 'n' Chat, 1-3 p.m.</p> <p style="text-align: center;">15</p>
<p>Open Bridge 12-3:00 p.m. Mahjong, 1-3:30 p.m. Defensive Driving 4-HR 1:30-5:30 p.m.</p> <p style="text-align: center;">18</p>	<p>Religious Study 9:30-10:30 a.m. Caregiver Support Group 12:30-2:30 p.m. Ballroom Dance, 1:30-4:00 p.m.</p> <p style="text-align: center;">19</p>	<p>Men's Discussion, 10-11:30 a.m. Cribbage 1-3 p.m. Billiards, 7-9 p.m.</p> <p style="text-align: center;">20</p>	<p>Blood Pressure Screening 10:30-11:30 a.m. Partner Bridge 12:30-4:00 p.m. Def Driving 8 HR 5:30-9:30 p.m.</p> <p>Barn Quilts Trip, page 15</p> <p style="text-align: center;">21</p>	<p>Open Bridge 10 a.m.-12 p.m. Clip 'n' Sip Coupons, 10-11 a.m. Stitch 'n' Chat, 1-3 p.m.</p> <p style="text-align: center;">22</p>
<p>Open Bridge 12-3:00 p.m. Mahjong, 1-3:30 p.m. Investment Forum 2 1:30-3:30 p.m.</p> <p style="text-align: center;">25</p>	<p>Caregiver Support Group 12:30-2:30 p.m. Ballroom Dance, 1:30-4:00 p.m.</p> <p style="text-align: center;">26</p>	<p>Health Ins Counseling by appointment, 9-11 a.m. Men's Discussion 10-11:30 a.m. Cribbage 1-3 p.m. Billiards, 7-9 p.m.</p> <p style="text-align: center;">27</p>	<p>Blood Pressure Screening 10:30-11:30 a.m. Partner Bridge 12:30-4:00 p.m. Def Driving 8 HR 5:30-9:30 p.m.</p> <p>Fishing Trip, see page 15</p> <p style="text-align: center;">28</p>	<p>Open Bridge 10 a.m.-12 p.m. Clip 'n' Sip Coup 10-11 a.m. Stitch 'n' Chat, 1-3 p.m.</p> <p style="text-align: center;">29</p>

Caregiver Support Group
Join other caregivers of older adults for information, resources and valuable emotional support.
Monthly 2nd & 4th Tuesday 12:30 p.m.-2:00 p.m.
Fairview 116A **FREE**
April 10 - What's Your Plan? Estate Planning Basics. Speaker: Leah Gilbert, Attorney.

Dementia Caregivers Re-Entry Support Group
Informal gatherings with others sharing various stages of loss during and following the dementia caregiving experience.
Monthly 1st Wednesday 1:00 p.m.- 2:30 p.m.
Fairview 116A **FREE**

Health Insurance Counseling
Counselors help with understanding the basics of Medicare and Medical Assistance, choosing a Medicare supplement, Medicare Part D plan, and more. Call for an appointment 651-604-3520.
Monthly 4th Wednesday **FREE**

Hearing Screening & Hearing Aid Cleaning
Get a free hearing screening or have your hearing aids cleaned. Please call for a 15 minute appointment (651) 604-3520. Second Tuesday of the month
10 a.m.-12:00 p.m. **FREE**