

Daily Screening at Home for COVID-19 Symptoms for 2022

This screening tool is for staff and students.

Read this in other languages at isd623.org/covidsafety.

SECTION 1 - SYMPTOMS: Do you have any of these symptoms?

Are they new symptoms or worsening?

- Fever of 100.4 degrees Fahrenheit or higher (38 degrees Celsius)
- New onset of cough or worsening cough
- Shortness of breath
- Loss of taste or smell
- Sore throat
- Nausea
- Vomiting
- Diarrhea
- Chills
- Muscle aches
- Fatigue
- Headache
- Congestion or runny nose

SECTION 2 - CLOSE CONTACT EXPOSURE

Close contact is defined as 15 minutes or more at six feet or closer, when unmasked.

- Are you unvaccinated and living with a person confirmed to have COVID-19?
- Are you currently waiting for COVID-19 test results due to your symptoms?
- Have you been told by a public health official or medical official that you need to isolate or quarantine?

SECTION 3 - NEXT STEPS

Do I need to stay home?

- If you have ONE or more of the symptoms above, **stay home**. Get a COVID test. During times of high transmission, if you have only one symptom, stay home and take a test.
- If you answered YES to any question in **SECTION 2**, **stay home**.

Whom should I call?

- Students should call their school to report the absence.
- Call your healthcare provider if you need an evaluation or COVID-19 test.
- Contact your school for a free COVID-19 antigen home test kit.
- The MDH COVID-19 Helpline can answer questions for the public at 833-431-2053.**