

# JULY 2019

9 | Roseville Area Schools | July/August 2019

# Activities Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Open Bridge, 12 - 3 PM Mahjong, 1:00 PM - OFFSITE Ukulele Sing &amp; Play 1:30 - 3 PM</p> <p style="text-align: right;"><b>1</b></p>	<p>Foot Care Clinic by appt 9 AM - 3 PM</p> <p style="text-align: right;"><b>2</b></p>	<p>Men's Discussion, 10 - 11:30 AM Scrabble, 10 AM-1 PM Cribbage, 1 PM - 3 PM Mahjong, 1 PM- 3:30 PM Billiards, 7 PM - 9 PM</p> <p style="text-align: right;"><b>3</b></p>	<p style="text-align: center; border: 1px solid black; padding: 5px;">CLOSED FOR THE HOLIDAY</p> <p style="text-align: right;"><b>4</b></p>	<p style="text-align: center; border: 1px solid black; padding: 5px;">CLOSED FOR THE HOLIDAY</p> <p style="text-align: right;"><b>5</b></p>
<p>Open Bridge, 12 - 3 PM Mahjong, 1:00 PM</p> <div style="border: 1px solid black; padding: 2px; margin-top: 10px;"> <p><b>14</b> 2:00 Ted Talk @ Ramsey Cty Library</p> </div> <p style="text-align: right;"><b>8</b></p>	<p>Foot Care Clinic by appt 9 AM - 3 PM Caregiver Support 12:30 - 2:30 PM Ballroom Dance, 1:30 - 4PM</p> <p style="text-align: right;"><b>9</b></p>	<p>Marketplace Talk, 9:30 AM, Cardigan Ridge Men's Discussion, 10 - 11:30 AM Scrabble, 10 AM-1 PM Cribbage, 1 PM - 3 PM Mahjong, 1 PM- 3:30 PM Billiards, 7 PM - 9 PM</p> <p style="text-align: right;"><b>10</b></p>	<p>Blood Pressure Screening 10:00 - 11:30 AM Partner Bridge, 12:30 - 4:00 PM Men's Shed, 1:30-3:00 PM</p> <p style="text-align: right;"><b>11</b></p>	<p>Foursome Bridge 10 AM - 12 PM Stitch 'n' Chat, 1:00 - 3:00 PM</p> <div style="border: 1px solid black; padding: 2px; margin-top: 10px;"> <p>Summer Hours: 8AM - 12PM (Fridays only)</p> </div> <p style="text-align: right;"><b>12</b></p>
<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;"> <p><b>14</b> 2:00 Ted Talk @ Ramsey Cty Library</p> </div> <p>Open Bridge, 12 - 3 PM Mahjong, 1:00 - 3:30 PM</p> <p style="text-align: right;"><b>15</b></p>	<p>Foot Care Clinic by appt 9 AM - 3 PM 8 HR Defensive Driving, 5:30 PM</p> <p style="text-align: right;"><b>16</b></p>	<p>Men's Discussion, 10 - 11:30 AM Scrabble, 10 AM-1 PM Cribbage, 1 PM - 3 PM Mahjong, 1 PM- 3:30 PM Great Decisions @ Rosepointe, 2 PM Billiards, 7 PM - 9 PM 4 HR Def. Driving, 5:30 PM</p> <p style="text-align: right;"><b>17</b></p>	<p>Partner Bridge, 12:30 - 4:00 PM Men's Shed, 1:30-3:00 PM</p> <p style="text-align: right;"><b>18</b></p>	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;"> <p><b>13</b> 8:30 4HR Defensive Driving - 108</p> </div> <p>Foursome Bridge 10 AM - 12 PM Stitch 'n' Chat, 1:00 - 3:00 PM</p> <div style="border: 1px solid black; padding: 2px; margin-top: 10px;"> <p>Summer Hours: 8AM - 12PM (Fridays only)</p> </div> <p style="text-align: right;"><b>19</b></p>
<p>Open Bridge, 12 - 3 PM Mahjong, 3:00 PM 4 HR Defensive Driving, 1:30 PM</p> <p style="text-align: right;"><b>22</b></p>	<p>Foot Care Clinic by appt 9 AM - 3 PM Pop Up Library, 10AM-1PM Caregiver Support 12:30 - 2:30 PM Ballroom Dance, 1:30 - 4PM 8 HR Defensive Driving, 5:30 PM</p> <p style="text-align: right;"><b>23</b></p>	<p>Health Ins. Consultation, 9 AM Men's Discussion, 10 - 11:30 AM Pop Up Library, 10AM-1PM Scrabble, 10 AM-1 PM Cribbage, 1 PM - 3 PM Mahjong, 1 PM- 3:30 PM</p> <p style="text-align: right;"><b>24</b></p>	<p>Blood Pressure Screening 10:00 - 11:30 AM Partner Bridge, 12:30 - 4:00 PM Men's Shed, 1:30-3:00 PM</p> <p style="text-align: right;"><b>25</b></p>	<p>Foursome Bridge 10 AM - 12 PM Stitch 'n' Chat, 1:00 - 3:00 PM</p> <div style="border: 1px solid black; padding: 2px; margin-top: 10px;"> <p>Summer Hours: 8AM - 12PM (Fridays only)</p> </div> <p style="text-align: right;"><b>26</b></p>
<p>Open Bridge, 12 - 3 PM Mahjong, 1:00 PM</p> <p style="text-align: right;"><b>29</b></p>	<p>Foot Care Clinic by appt 9 AM - 3 PM</p> <p style="text-align: right;"><b>30</b></p>	<p>Health Insurance Cons, 9:00 AM Men's Discussion, 10 - 11:30 AM Scrabble, 10 AM-1 PM Cribbage, 1 PM - 3 PM Mahjong, 1 PM- 3:30 PM Billiards, 7 PM - 9 PM</p>	<p><i>If you would like to play <b>Partner Bridge</b>, please contact the RASP office (651-604-3520) at least one week in advance. Partner Bridge is a formally organized game with four experienced bridge players per table that are arranged in advance. Regular attendance is appreciated each Thursday from 12:15 to 4:00 p.m. One set of partners plays six hands of bridge with four different sets of partners. The cost is \$2 per person, with more than half going to RASP and some to prize money. With the requirement that we have four people per table, we are sometimes unable to accommodate everyone who wants to play. Player schedules will be emailed prior to each Thursday's Partner Bridge activity.</i></p>	

## HIGHLIGHTS

**Drop-In Lounge**  
Computer station, pool tables, library. The coffee pot is always on, rolls on Tue/Wed! 25¢ donation. M-F, 8AM - 4PM

**Roseville Gift & Craft Shoppe**  
Our volunteer staffed craft shop features hand-crafted items for everyone! M-F, 9:30AM - 3:30PM

**Flaming Spoon Café**  
View menus at Fairview Community Center or online at [www.isd623.org/RASP](http://www.isd623.org/RASP). M-F, 11 AM-12:00PM  
Large Group Reervations 651-604-3518

**Foot Care Clinic**  
Donna Larson, RN will teach you how to care for your feet, trim nails, and do assessments. Call the RASP office at 651-604-3520 for appointments. Tuesdays, 9 AM-3 PM Beginning April 1 | \$35 per appointment.

**Ballroom Dance**  
Join us for social dances with refreshments. \$5 per person at the door

**Blood Pressure Screening**  
Monitor your blood pressure and stay healthy with this free screening by qualified community volunteers. 2nd & 4th Thursday 10:30 - 11:30 AM FREE

# AUGUST 2019

# Activities Calendar

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## HIGHLIGHTS

**Caregiver Support Group**  
Join other caregivers of older adults for information, resources and valuable emotional support.  
Monthly 2nd & 4th Tuesday 12:30 p.m.-2:00 p.m. FREE

## Health Insurance Counseling

Counselors help with understanding the basics of Medicare and Medical Assistance, choosing a Medicare supplement, Medicare Part D plan, more. Call for an appointment 651-604-3520.  
Monthly 4th Wednesday FREE

## Ballroom Dance

Join us for social dances with refreshments. 2nd & 4th Tuesdays, 1:30-4PM  
July 9 ~ Dick Macko  
July 23 ~ Rod Cerar  
Aug 13 ~ Rod Cerar  
Aug 27 ~ Jerry Biersbach  
\$5 per person at the door

			Partner Bridge, 12:30 - 4:00 PM	Music in the Lounge, 10-11 AM Foursome Bridge 10 AM - 12 PM Stitch 'n' Chat, 1:00 - 3:00 PM <div style="border: 1px solid black; padding: 5px; margin-top: 10px;">Summer Hours: 8AM - 12PM (Fridays only)</div>
			1	2
CLOSED FOR CLEANING	CLOSED FOR CLEANING	Men's Discussion, 10 -11:30 AM Cribbage, 1 PM - 3 PM Mahjong, 1 PM- 3:30 PM Billiards, 7 PM - 9 PM	Blood Pressure Screening 10:30 -11:30 AM Dementia Caring & Coping, 1 PM @ Roseville Library Partner Bridge, 12:30 - 4:00 PM	Foursome Bridge 10 AM - 12 PM Stitch 'n' Chat, 1:00 - 3:00 PM <div style="border: 1px solid black; padding: 5px; margin-top: 10px;">Summer Hours: 8AM - 12PM (Fridays only)</div>
5	6	7	8	9
12 2:00 Ted Talk @ Ramsey Cty Library	Foot Care Clinic by appt 9 AM - 3 PM Caregiver Support 12:30 - 2:30 PM Ballroom Dance, 1:30 - 4PM	Marketplace Talk, 9:30 Cardigan Ridge Men's Discussion, 10 -11:30 AM Cribbage, 1 PM - 3 PM Mahjong, 1 PM- 3:30 PM Billiards, 7 PM - 9 PM	Partner Bridge, 12:30 - 4:00 PM 8 HR Defensive Driving, 5:30 PM	10 8:30 4HR Defensive Driving - 108
12	13	14	15	16
Open Bridge, 12 - 3 PM Mahjong, 1:00 - 3:30 PM 4 HR Defensive Driving, 1:30 PM	Foot Care Clinic by appt 9 AM - 3 PM	Men's Discussion, 10 -11:30 AM Cribbage, 1 PM - 3 PM Mahjong, 1 PM- 3:30 PM Great Decisions @ Rosepointe, 2 PM Billiards, 7 PM - 9 PM	Blood Pressure Screening 10:30 -11:30 AM Partner Bridge, 12:30 - 4:00 PM 8 HR Defensive Driving, 5:30 PM	Foursome Bridge 10 AM - 12 PM Stitch 'n' Chat, 1:00 - 3:00 PM <div style="border: 1px solid black; padding: 5px; margin-top: 10px;">Summer Hours: 8AM - 12PM (Fridays only)</div>
19	20	21	22	23
Open Bridge, 12 - 3 PM Mahjong, 1:00 - 3:30 PM	CLOSED FOR DISTRICT WORKSHOP	Health Ins. Consultation, 9 AM Men's Discussion, 10 -11:30 AM Cribbage, 1 PM - 3 PM Mahjong, 1 PM- 3:30 PM Billiards, 7 PM - 9 PM	Partner Bridge, 12:30 - 4:00 PM 8 HR Defensive Driving, 5:30 PM	Foursome Bridge 10 AM - 12 PM Stitch 'n' Chat, 1:00 - 3:00 PM <div style="border: 1px solid black; padding: 5px; margin-top: 10px;">Summer Hours: 8AM - 12PM (Fridays only)</div>
26	27	28	29	30