

SEPTEMBER 2017

Activities Calendar

HIGHLIGHTS

Drop-In Lounge
Computer station, pool tables, library. The coffee pot is always on, rolls on Tue/Wed! 25¢ donation.
M-F 8:00 a.m. - 4:00 p.m.

Roseville Gift & Craft Shoppe
Our volunteer staffed craft shop features hand-crafted items for everyone!
M-F 9:30 a.m.-3:30 p.m.

The Flaming Spoon Café
View menus at Fairview Community Center or online at www.isd623.org/RASP.
M-F 11:00 a.m.-12:15 p.m.
Large Group Reservations 651-604-3518

Vision Loss Group
This group provides information, speakers, and good company to anyone who has vision loss. For more info call 612-871-2222.

Foot Care Clinic
Jeanne Polaichik, RN will teach you how to care for your feet, trim nails, and do assessments. Call for appointments.
Initial visit: \$34 for 30 min.
Return visits: \$27 for 30 min.

Ballroom Dance
Join us for social dances with refreshments.
Sept 12 - Jerry Biersbach
Sept 26 - Rod Cerar
Oct 10 - Bob Holmberg
Oct 24 - Dick Macko

\$5 per person at the door

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>CLOSED Labor Day</p> <p>4</p>	<p>Bridge class: Book 1 begins 1:15-3:15 p.m. RASP Advisory Council Meeting 3-4:15 pm</p> <p>5</p>	<p>Men's Discussion 10-11:30 a.m. Dementia Caregiver Re-Entry 1-2:30 p.m. Billiards, 7-9 p.m.</p> <p>6</p>	<p>Vision Loss 10-11:30 a.m. Partner Bridge 12:30-4:00 p.m.</p> <p>7</p>	<p>Clip 'n' Sip Coupons, 10-11 a.m. Stitch 'n' Chat, 1-3 p.m.</p> <p>1</p>
<p>Mahjong, 1-3:30 p.m. Ukulele Sing & Play \$1.50 pay at session 1:30-3:00 p.m. Investment Forum 2 1:30-3:30 p.m. 10 TED Talks 2-3:30 p.m. @ Roseville Library</p> <p>11</p>	<p>Hearing Screening & Hearing Aid Cleaning by appointment, 10 a.m.-12 p.m. Caregiver Support Group 12:30-2:30 p.m. Ballroom Dance, 1:30-4:00 p.m.</p> <p>12</p>	<p>Marketplace Talk @ Marketplace Bingo Hall 9:30-10:30 a.m. Men's Discussion 10-11:30 a.m. Billiards, 7-9 p.m.</p> <p>13</p>	<p>Blood Pressure Screening 10:30-11:30 a.m. Partner Bridge, 12:30-4:00 p.m. Dementia Caring & Coping Talk 1-3 p.m. @ Roseville Library Defensive Driving 8-HR 5:30-9:30 p.m.</p> <p>14</p>	<p>Investment Forum I 9:30-11:30 a.m. Clip 'n' Sip Coupons 10-11 a.m. Stitch 'n' Chat 1-3 p.m.</p> <p>15</p>
<p>Mahjong 1-3:30 p.m. Def Driving 4 HR 1:30-5:30 p.m.</p> <p>18</p>	<p>Religious Study 9:30-10:30 a.m.</p> <p>19</p>	<p>Men's Discussion, 10-11:30 a.m. Great Decisions 2-3 p.m. @ RosePointe Billiards, 7-9 p.m.</p> <p>20</p>	<p>Partner Bridge 12:30-4:00 p.m. Defensive Driving 8-HR 5:30-9:30 p.m.</p> <p>21</p>	<p>Investment Forum I 9:30-11:30 a.m. Clip 'n' Sip Coupons 10-11 a.m. Stitch 'n' Chat 1-3 p.m.</p> <p>22</p>
<p>ABC's & 123's of Tending Your Treasures, 11 a.m.-Noon Mahjong 1-3:30 p.m. Investment Forum 2 1:30-3:30 p.m.</p> <p>25</p>	<p>Caregiver Support Group 12:30-2:30 p.m. Ballroom Dance, 1:30-4:00 p.m. Planning the Perfect Move 2-3 p.m.</p> <p>26</p>	<p>Health Ins Counseling by appointment, 9-11 a.m. Men's Discussion, 10-11:30 a.m. Lifespan Human Connectome 2-3 p.m. & 6:30-7:30 p.m. Defensive Driving 4-HR 5:30-9:30 p.m. Extended Travel, 6:30-7:30 pm Billiards, 7-9 p.m.</p> <p>27</p>	<p>Blood Pressure Screening 10:30-11:30 a.m. Partner Bridge 12:30-4:00 p.m.</p> <p>28</p>	<p>Investment Forum I 9:30-11:30 a.m. Clip 'n' Sip Coupons, 10-11 a.m. Stitch 'n' Chat, 1-3 p.m. 30 Health Care Directive 9 a.m.-10:30 p.m.</p> <p>29</p>

OCTOBER 2017

Come Join Us!

Blood Pressure Screening
Monitor your blood pressure and stay healthy with this free screening by qualified community volunteers.
Monthly 2nd & 4th Thursday 10:30 a.m.-1:30 a.m.
FREE

Caregiver Support Group
Join other caregivers of older adults for information, resources and valuable emotional support.
Monthly 2nd & 4th Tuesday 12:30 p.m.-2:00 p.m.
FREE

Dementia Caregivers Re-Entry Support Group
Informal gatherings with others sharing various stages of loss during and following the dementia caregiving experience.
Monthly 1st Wednesday 1:00 p.m.- 2:30 p.m.
FV 116A
FREE

Health Insurance Counseling
Counselors help with understanding the basics of Medicare and Medical Assistance, choosing a Medicare supplement, Medicare Part D plan, more.
Call for an appointment 651-604-3520.
Monthly 4th Wednesday
FREE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Mahjong Off-Site 1-3:30 p.m. Ukulele Sing & Play \$1.50 pay at session 1:30-3:00 p.m.</p> <p>2</p>	<p>Religious Study 9:30-10:30 a.m.</p> <p>3</p>	<p>Foot Care Clinic by appointment 9 a.m.-3 p.m. Men's Discussion, 10-11:30 a.m. Dementia Caregiver Re-Entry 1-2:30 p.m. Stepping On class begins, 2-3 p.m. (7 sessions/\$9 total) Billiards, 7-9 p.m.</p> <p>4</p>	<p>Vision Loss 10-11:30 a.m. Partner Bridge 12:30-4:00 p.m.</p> <p>5</p>	<p>Investment Forum I 9:30-11:30 a.m. Clip 'n' Sip Coupons, 10-11 a.m. Music in the Lounge, 10-11 a.m. Stitch 'n' Chat, 1-3 p.m.</p> <p>7 Def Driving 4 HR 8:30 a.m.-12:30 p.m.</p> <p>6</p>
<p>Mahjong 1-3:30 p.m. Investment Forum 2 1:30-3:30 p.m.</p> <p>8 TED Talks 2-3:30 p.m. @ Roseville Library</p> <p>9</p>	<p>Hearing Screening & Hearing Aid Cleaning by appointment, 10 a.m.-12 p.m. Caregiver Support Group 12:30-2:30 p.m. Fighting Fraud, 1:30-3 p.m. Ballroom Dance, 1:30-4 p.m.</p> <p>10</p>	<p>Health Ins Counseling by appointment, 9-11 a.m. Marketplace Talk @ Marketplace Bingo Hall 9:30-10:30 a.m. Men's Discussion 10-11:30 a.m. Billiards, 7-9 p.m.</p> <p>11</p>	<p>Blood Pressure Screening 10:30-11:30 a.m. Partner Bridge, 12:30-4 p.m. Dementia Caring & Coping Talk 1-3 p.m. @ Roseville Library Defensive Driving 8-HR 5:30-9:30 p.m.</p> <p>12</p>	<p>Investment Forum I 9:30-11:30 a.m. Clip 'n' Sip Coupons, 10-11 a.m. Stitch 'n' Chat, 1-3 p.m.</p> <p>13</p>
<p>Mahjong 1-3:30 p.m.</p> <p>16</p>	<p>Religious Study 9:30-10:30 a.m. Life Reimagined Checkup 6-8 p.m.</p> <p>17</p>	<p>Foot Care Clinic by appointment 9 a.m.-3 p.m. Men's Discussion, 10-11:30 a.m. HomeFit Guide: Lifelong Home 2-3 p.m. Great Decisions 2-3 p.m. @RosePointe Billiards, 7-9 p.m.</p> <p>18</p>	<p>Partner Bridge 12:30-4:00 p.m. Defensive Driving 8-HR 5:30-9:30 p.m.</p> <p>19</p>	<p>Investment Forum I 9:30-11:30 a.m. Clip 'n' Sip Coupons 10-11 a.m. Stitch 'n' Chat 1-3 p.m.</p> <p>20</p>
<p>Mahjong 1-3:30 p.m. Investment Forum 2 1:30-3:30 p.m. Def Driving 4 HR 1:30-5:30 p.m.</p> <p>23</p>	<p>Caregiver Support Group 12:30-2:30p.m. Ballroom Dance, 1:30-4 p.m. Save Money on Utilities 2-3 p.m.</p> <p>24</p>	<p>Health Ins Counseling by appointment, 9-11 a.m. Men's Discussion 10-11:30 a.m. Defensive Driving 8-HR 5:30-9:30 p.m. Billiards, 7-9 p.m.</p> <p>25</p>	<p>Blood Pressure Screening 10:30-11:30 a.m. Partner Bridge 12:30-4:00 p.m.</p> <p>26</p>	<p>Investment Forum I 9:30-11:30 a.m. Clip 'n' Sip Coupons, 10-11 a.m. Stitch 'n' Chat, 1-3 p.m.</p> <p>28 Health Care Agents: What You Need to Know, 9:30-10 a.m.</p> <p>27</p>
<p>Mahjong 1-3:30 p.m. Energy Saving Consults (1:1) 2-7 p.m., room 103</p> <p>30</p>	<p>31</p>	<p>Gift & Craft Shoppe Annual Sale Thursday, October 25, 8:30 a.m. - 4 p.m. Friday, October 26, 8:30 a.m. - 4 p.m. Saturday, October 27, 8:30 a.m. - 2 p.m. Gifts galore! Wood carvings, stained glass, infant & doll clothes, cards, Christmas decor, knitted items, and so much more! Handmade by our gifted local artisans.</p>		