



Fairview is classified as a warm water pool

# YOUTH SWIM SUMMER 2018

**PRIVATE LESSONS**  
Call 651.604.3770 for more information

## RED CROSS YOUTH SWIM LESSONS 5 - 14 YEARS

Children registered in the wrong class level will not be allowed to remain in the class and will be moved to the correct level if space is available. To have the level tested prior to registration, call 651.604.3770 for testing times and procedures.

### BEGINNER I (Same As Red Cross 1-2)

Students learn to float and kick on front and back, jump into deep water, swim beginner stroke, roll over and kick on back.

### BEGINNER II (Same As Red Cross 3)

**Prerequisite:** Passing of Beginner I  
**New Skills:** front crawl with rhythmic breathing, elementary backstroke, treading water and sitting dive.

### ADVANCED BEGINNER A

(Same As Red Cross 4)  
**Prerequisite:** Passing of Beginner II  
**New Skills:** back crawl, breaststroke, scissors and dolphin kick.

### ADVANCED BEGINNER B

(Same As Red Cross 4)  
**Prerequisite:** Passing of Adv. Beginner A.  
**New Skills:** breaststroke, butterfly and sidestroke.

### INTERMEDIATE (Same As Red Cross 5)

**Prerequisite:** Passing of Adv. Beginner B.  
**New Skills:** tuck and pike surface dives, flip turns and butterfly.

### SWIMMER (Same As Red Cross 6)

**Prerequisite:** Passing of Intermediate  
**New Skills:** personal water safety skills, turns and strong emphasis on endurance and stroke refinement.

### JUNE 18 - 28, M-TH

TIME	BEG I	BEG II	ADV A	ADV B	INTER	SWIM	BUILDING	DAYS	\$
1:45-2:30PM	#81-F1	#82-F1					Fairview	M-Th	\$64
2:40-3:25PM	#81-F2	#82-F2			#85-F1		Fairview	M-Th	\$64
3:35-4:20PM	#81-F3		#83-F1	#84-F1			Fairview	M-Th	\$64

### JULY 9 - 19, M-TH

1:45-2:30PM	#81-F4	#82-F3	#83-F2				Fairview	M-Th	\$64
2:40-3:25PM	#81-F5	#82-F4		#84-F2			Fairview	M-Th	\$64
3:35-4:20PM	#81-F6	#82-F5				#86-F1	Fairview	M-Th	\$64

### JULY 23 - AUGUST 2, M-TH

2:55-3:40PM	#81-F7	#82-F6		#84-F3			Fairview	M-Th	\$64
3:50-4:35PM	#81-F8	#82-F7			#85-F2		Fairview	M-Th	\$64
4:45-5:30PM	#81-F9	#82-F8	#83-F3				Fairview	M-Th	\$64

### AUGUST 6 - 16, M-TH

2:55-3:40PM	#81-F10	#82-F9				#86-F2	Fairview	M-Th	\$64
3:50-4:35PM	#81-F11	#82-F10	#83-F4				Fairview	M-Th	\$64
4:45-5:30PM	#81-F12	#82-F11		#84-F4			Fairview	M-Th	\$64

### JUNE 18 - JULY 18, M & W • EVENINGS (No classes July 2 & 4)

4:45-5:30PM	#81-F13	#82-F12					Fairview	M,W	\$64
5:40-6:25PM	#81-F14	#82-F17	#83-F5				Fairview	M,W	\$64
6:35-7:20PM	#81-F20	#82-F13		#84-F5			Fairview	M,W	\$64

### JUNE 19 - JULY 19, T & TH • EVENINGS (No classes July 3 & 5)

4:45-5:30PM	#81-F16	#82-F14					Fairview	T,Th	\$64
5:40-6:25PM	#81-F17				#85-F3		Fairview	T,Th	\$64

### JULY 23 - AUGUST 15, M & W • EVENINGS

5:50-6:35PM	#81-F18	#82-F15	#83-F6				Fairview	M,W	\$64
6:45-7:30PM	#81-F19	#82-F16				#86-F3	Fairview	M,W	\$64

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# YOUTH SWIM SUMMER 2018

## TOTS & PREK SWIM LESSONS 9 MONTHS - 5 YEARS

### TOTS - PARENT IN WATER

(No classes July 2, 3, 4, & 5, or August 14)

#### 9 MONTHS-3 YEARS

Children are accompanied by a parent or adult and learn to enjoy the water. Minimum one adult in water per child.

CLASS	DATE	TIME	DAY	\$
#80-F3	Jun 19 - Jul 19	9:20-9:45AM	T, Th	\$53
#80-F4	Jul 24 - Aug 16	9:20-9:45AM	T, Th	\$53
#80-F1	Jun 19 - Aug 7	7:00-7:25PM	T	\$47
#80-F5	Jun 18 - July 18	8:00-8:25AM	M,W	\$53
#80-F6	July 23-Aug 15	8:00-8:25AM	M,W	\$53

### PREK - PARENT IN WATER

(No classes July 2, 3, 4, & 5 or August 14)

#### 3-5 YEARS

Children are accompanied by a parent or adult to work on water adjustment and basic swimming skills: blowing bubbles, kicking, arm paddling. Minimum one adult in water per child.

CLASS	DATE	TIME	DAY	\$
#80-F3	Jun 19 - Jul 19	9:20-9:45AM	T, Th	\$53
#80-F4	Jul 24 - Aug 16	9:20-9:45AM	T, Th	\$53
#80-F2	Jun 19 - Aug 7	7:30-7:55PM	T	\$47
#80-F5	Jun 18 - July 18	8:00-8:25AM	M,W	\$53
#80-F6	July 23 - Aug 15	8:00-8:25AM	M,W	\$53

# ADULT SWIM SUMMER 2018

### SWIMNASTICS (No classes July 4 & 5)

A variety of water exercise including some fast paced, wall exercises, balance improvement, stretching, and toning. You must be able to maintain balance without assistance for the duration of the class time.

CLASS	DATE	TIME	DAY	BUILDING	\$	Seniors
#90-F1	Jun 11 - Aug 13	8:30-9:15AM	MONDAY	Fairview	\$66	\$59.40
#90-F2	Jun 12 - Aug 14	8:30-9:15AM	TUESDAY	Fairview	\$66	\$59.40
#90-F3	Jun 13 - Aug 15	8:30-9:15AM	WEDNESDAY	Fairview	\$59.40	\$53.45
#90-F4	Jun 14 - Aug 16	8:30-9:15AM	THURSDAY	Fairview	\$59.40	\$53.45

### CRANKY HINGES (No classes July 4)

This class is slow paced water exercise. Participants will focus on increasing range of motion, flexibility & mobility. You must be able to maintain balance without assistance for the duration of the class.

CLASS	DATE	TIME	DAY	BUILDING	\$	Seniors
#91-F1	Jun 11 - Aug 15	9:30-10:00AM	M & W	Fairview	\$83.60	\$75.25

### LAP SWIM (Pool closed May 28, July 4 & 5) (No evening lap swim on May 29, June 5, July 3, August 14)

Pay on the pool deck.

DAY	DATE	TIME	BUILDING	OVER 18	UNDER 18 & OVER 60
M,W,F	May 21 - Aug 17	6:30-8:00AM	Fairview	\$4.75/Session or \$20/5	\$4.25/Session or \$18.50/5
M, T,W, F	May 21 - Aug 17	11:30AM-12:30PM	Fairview	\$4.75/Session or \$20/5	\$4.25/Session or \$18.50/5
T, TH	May 24 - Aug 16	8:00-9:00PM	Fairview	\$4.75/Session or \$20/5	\$4.25/Session or \$18.50/5

### OPEN SWIM (Pool closed May 28, and July 4 & 5)

Pay on the pool deck. Parents must accompany children under 4' tall in pool.

DAY	DATE	TIME	BUILDING	OVER 18	UNDER 18 & OVER 60
M, T,W, F	May 21 - Aug 17	10:15-11:15AM	Fairview	\$4.75/Session or \$20/5	\$4.25/Session or \$18.50/5
Th	May 24 - Aug 16	7:00-8:00PM	Fairview	\$4.75/Session or \$20/5	\$4.25/Session or \$18.50/5

### PRIVATE LESSONS

Call 651.604.3770 for more information



3 Easy Ways to Register:

Online

www.ISD623.org/aquatics and click on Online Registration

Mail

Aquatics Program Registration Fairview Community Center 1910 County Road B West, Roseville, MN 55113

Walk-in (M-F, 7:30AM-4:00PM)

Fairview Community Center 1910 County Road B West Roseville, MN 55113 651.604.3770

Are You In?

Persons registering online or who provide their email address on the registration form will receive an email confirmation.

Refunds

Refunds can only be issued if requested 1 week prior to the start of class. Refunds are not issued after a class has begun.

- There is a \$5 service charge on participant initiated changes or cancellations.
• Registrations via credit card will receive a credit back to the card used.

Cancellations

Persons registering online or who provide their email address on the registration form will receive an email notification if class is cancelled. All others will receive a phone call.

UCare MN

UCare MN members may take a discount of up to \$15 per year. Members must be on UCare at the time of registration and need to include their member ID number on the registration.

Fee Assistance/Scholarships

We believe everyone should be able to participate in Aquatics classes regardless of ability to pay. To receive assistance a participant must live in the district or attend Roseville Area Schools. Call 651.604.3770 for more information.

Parent Name, Street Address, City, Zip, Home Phone, Work Phone, Mobile/Pager, Emergency Phone, Other, Email Address

Participant 1

Full Name, Male/Female checkboxes, Birthdate, Attends Friendship checkbox, Special health concerns

1st Choice/Class #, Title, Dates, Time, \$
2nd Choice/Class #, Title, Dates, Time, \$
3rd Choice/Class #, Title, Dates, Time, \$

Participant 2

Full Name, Male/Female checkboxes, Birthdate, Attends Friendship checkbox, Special health concerns

1st Choice/Class #, Title, Dates, Time, \$
2nd Choice/Class #, Title, Dates, Time, \$
3rd Choice/Class #, Title, Dates, Time, \$

Participant 3

Full Name, Male/Female checkboxes, Birthdate, Attends Friendship checkbox, Special health concerns

1st Choice/Class #, Title, Dates, Time, \$
2nd Choice/Class #, Title, Dates, Time, \$
3rd Choice/Class #, Title, Dates, Time, \$

Discounts

Participant's UCare ID#, Senior 60 +: Yes / No, UCare Member Discount Total \$

Payment Information

Total Registration Amount \$, Cash/Check/Credit Card checkboxes, Card Type: Mastercard/Visa/Discover

Authorized Signature, Date, Cardholder's First Name, Card Holder's Last Name, Credit Card number, Expiration Date, 3 Digits on Back of Card